

Crystal Lake Park District
Winter/Spring 2016 Programs-Sorted by Age Group

AGES 0-3			
Program Title	Category	Age Range	Page #
Tot Rock	Tot Programs	1-2 years	16
Drop in Tot Open Gym	Youth Athletics	1-3 years	28
Tu-Tu Tots	Dance	18 months-3	39
Trinity Academy of Gymnastics	Cheer	2-12 years	26
Sports R Us Parent/Child Super Sports	Youth Athletics	2-3 years	29
Kid Rock	Tot Programs	2-4 Years	16
Me and My Grandparent	Art programs	2-5 years	23
Movin' Groovin	Dance	2-9 years	39
Sports R Us Lil Pint Basketball/T-ball Coml	Youth Athletics	3-4 years	29
Barlina House Preschool	Preschool	3-5 years	14
Smart Start Chess	Tot Programs	3-5 Years	17
Dance Mix	Dance	3-5 years	39
Barlina House Preschool Camp	Summer Camp	3-5 years	insert
Slime Time	Art programs	3-6 years	23
Budding Artist	Art programs	3-6 years	23
Fairytale Dance Time	Dance	3-6 years	39
Super Strikers Soccer	Youth Athletics	3-6 years	28
Pre-Ballet	Dance	3-6 years	39
Pre-Tap and Jazz	Dance	3-6 years	39
Breakfast with the Bunny	Special Event	All Ages	11
Easter Egg Hunt	Special Event	All Ages	11
Community Clean Up Day	Special Event	All Ages	13
Cardboard Cup Regatta	Special Event	All Ages	13

AGES 4-7			
Program Title	Category	Age Range	Page #
Trinity Academy of Gymnastics	Cheer	2-12 years	26
Kid Rock	Tot programs	2-4 years	16
Me and My Grandparent	Art programs	2-5 years	23
Movin' Groovin	Dance	2-9 years	39
Sports R Us Lil Pint Basketball/T-ball Coml	Youth Athletics	3-4 years	29
Barlina House Preschool	Preschool	3-5 years	14
Smart Start Chess	Tot Programs	3-5 Years	17
Dance Mix	Dance	3-5 years	39
Barlina House Preschool Camp	Summer Camp	3-5 years	insert
Slime Time	Art programs	3-6 years	23
Budding Artist	Art programs	3-6 years	23
Fairytale Dance Time	Dance	3-6 years	39
Super Strikers Soccer	Youth Athletics	3-6 years	28
Pre-Ballet	Dacne	3-6 years	39
Pre-Tap and Jazz	Dance	3-6 years	39
Mother Daughter Tea	Special Event	4 years & up	13
Daddy Daughter Sock Hop	Special Event	4-10 years	9
Sock Hop Keepsake Class	Special Event	4-10 years	9

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AGES 4-7			
Program Title	Category	Age Range	Page #
Mother Son Neon Night	Special Event	4-10 years	9
Home School Enrichment Karate	Home School	4-11 years	21
Poms Technique & Choreography	Dance	4-14 years	40
Pom Camp	Summer Camp	4-14 years	insert
Lil Bakers	Cooking	4-6 years	22
Sports R Us Lil Pint Baseball	Youth Athletics	4-6 years	29
Sports R Us Soccer/Basketball	Youth Athletics	4-6 years	29
Creative Crafts	Home School	4-7 years	21
Shotokan Karate Martial Art	Self Defense	4-Adult	34
Boys After School Basketball	Youth Athletics	4th-6th Grade	28
Zumba Kids	Youth Programs	5-11 years	18
Kids Yoga	Youth Programs	5-11 years	18
Fun and Healthy Cooking for Kids	Cooking	5-11 years	22
Youth Volleyball Skills and Drills	Youth Athletics	5-11 years	30
Extended Time	Extended Time	5-12 years	15
Tap and Jazz	Dance	5-12 years	40
Beginning Irish Dance Workshops	Dance	5-12 years	41
Dance Mix Workshop	Dance	5-12 years	41
Chess Scholars	Youth Programs	5-12 years	17
Magic Class	Youth Programs	5-12 years	17
Dance Camp	Summer Camp	5-14 years	insert
Trinity All Star Cheer and Tumbling	Cheer	5-14 years	26
Spring Junior Flex Golf Clinics	Golf	5-14 years	53
Little Angels at Lego Engineering	Youth Programs	5-6 years	19
Preliminary Engineering for kids	Youth Programs	5-7 years	19
Sports R Us Jr. Floor Hockey	Youth Athletics	5-7 years	29
Kimudo Martial Art	Self Defense	5-Adult	34
Trinity All Star Cheer Parents Night Out	Youth Programs	6-10 years	18
Junior Golf N Tennis Camp	Summer Camp	6-10 years	insert
Junior Swim N Tennis Camp	Summer Camp	6-10 years	insert
Home School Pen & Mouse	Home School	6-11 years	21
Ballet/Lyrical 1	Dance	6-12 years	40
Musical Theater Workshop	Dance	6-12 years	41
Spring Break Chess Scholars Camp	Youth Programs	6-13 years	17
Mighty Mathematicians	Youth Programs	6-13 years	17
Baton Twirling	Youth Programs	6-13 years	17
Club House Artists	Art programs	6-13 years	23
Chess Camp	Summer Camp	6-13 years	insert
Strategy for Kids Camp	Summer Camp	6-13 years	insert
Mighty Mathematicians Camp	Summer Camp	6-13 years	insert
Hip Hop	Dance	6-14 years	40
Choreography Jam	Dance	6-14 years	40
Dance Divas	Dance	6-14 years	40
Holiday Hip Hop Workshop	Dance	6-14 years	41

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AGES 4-7			
Program Title	Category	Age Range	Page #
Lego Kids Robotics	Youth Programs	6-8 years	19
Hapkido Martial Art	Self Defense	6-Adult	34
Lego: WEDO Robotics	Youth Programs	7-11 years	19
Lego Robotics Engineering Camp	Summer Camp	7-13 years	insert
Kids Paint Art Attack	Art programs	7-17 years	23
Junior Studeo Golf Training	Golf	7-17 years	52
Sports R Us Floor Hockey	Youth Athletics	7-9 years	29
Sports R Us Basketball Speed and Agility	Youth Athletics	7-9 years	30
Breakfast with the Bunny	Special Event	All Ages	11
Easter Egg Hunt	Special Event	All Ages	11
Community Clean Up Day	Special Event	All Ages	13
Cardboard Cup Regatta	Special Event	All Ages	13
Pee Wee Camp	Summer Camp	Grade 2-3	insert
Summer School Camp	Summer Camp	Grade K-6	insert

AGES 8-11			
Program Title	Category	Age Range	Page #
Sew Cool	Art programs	10-16 years	24
Babysitting Training	Youth Programs	11-16 years	20
Trinity Academy of Gymnastics	Cheer	2-12 years	26
Movin' Groovin	Dance	2-9 years	39
Mother Daughter Tea	Special Event	4 years & up	13
Daddy Daughter Sock Hop	Special Event	4-10 years	9
Sock Hop Keepsake Class	Special Event	4-10 years	9
Mother Son Neon Night	Special Event	4-10 years	9
Home School Enrichment Karate	Home School	4-11 years	21
Poms Technique & Choreography	Dance	4-14 years	40
Pom Camp	Summer Camp	4-14 years	insert
Shotokan Karate Martial Art	Self Defense	4-Adult	34
Boys After School Basketball	Youth Athletics	4th-6th Grade	28
Kids Yoga	Youth Programs	5-11 years	18
Fun and Healthy Cooking for Kids	Cooking	5-11 years	22
Youth Volleyball Skills and Drills	Youth Athletics	5-11 years	30
Extended Time	Extended Time	5-12 years	15
Tap and Jazz	Dance	5-12 years	40
Beginning Irish Dance Workshops	Dance	5-12 years	41
Chess Scholars	Youth Programs	5-12 years	17
Magic Class	Youth Programs	5-12 years	17
Dance Camp	Summer Camp	5-14 years	insert
Trinity All Star Cheer and Tumbling	Cheer	5-14 years	26
Spring Junior Flex Golf Clinics	Golf	5-14 years	53
Kimudo Martial Art	Self Defense	5-Adult	34
Trinity All Star Cheer Parents Night Out	Youth Programs	6-10 years	18
Home School Pen & Mouse	Home School	6-11 years	21

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AGES 8-11			
Program Title	Category	Age Range	Page #
Ballet/Lyrical 1	Dance	6-12 years	40
Musical Theater Workshop	Dance	6-12 years	41
Spring Break Chess Scholars Camp	Youth Programs	6-13 years	17
Mighty Mathematicians	Youth Programs	6-13 years	17
Baton Twirling	Youth Programs	6-13 years	17
Club House Artists	Art programs	6-13 years	23
Chess Camp	Summer Camp	6-13 years	insert
Strategy for Kids Camp	Summer Camp	6-13 years	insert
Mighty Mathematicians Camp	Summer Camp	6-13 years	insert
Hip Hop	Dance	6-14 years	40
Choreography Jam	Dance	6-14 years	40
Dance Divas	Dance	6-14 years	40
Holiday Hip Hop Workshop	Dance	6-14 years	41
Lego Kids Robotics	Youth Programs	6-8 years	19
Hapkido Martial Art	Self Defense	6-Adult	34
Lego: WEDO Robotics	Youth Programs	7-11 years	19
Lego Robotics Engineering Camp	Summer Camp	7-13 years	insert
Kids Paint Art Attack	Art programs	7-17 years	23
Junior Studeo Golf Training	Golf	7-17 years	52
Sports R Us Floor Hockey	Youth Athletics	7-9 years	29
Sports R Us Basketball Speed and Agility	Youth Athletics	7-9 years	30
Afterschool Club De Espanol	Youth Programs	8-11 years	18
Lego Engineering and Robotics innovati	Youth Programs	8-12 years	19
History Camp	Summer Camp	8-12 years	insert
Make it Take it Acrylic Painting	Art programs	8-16 years	24
Childrens Cake Decorating	Cooking	8-18 years	22
Archery	Youth Athletics	9-15 years	30
Home School Club De Espanol Level 1	Home School Program	9-16 years	21
Kids Culinary Spring Break Camp	Cooking	9-16 years	22
Intro to Ice Fishing	Nature Center	9-Adult	72
Breakfast with the Bunny	Special Event	All Ages	11
Easter Egg Hunt	Special Event	All Ages	11
Community Clean Up Day	Special Event	All Ages	13
Cardboard Cup Regatta	Special Event	All Ages	13
Pee Wee Camp	Summer Camp	Grade 2-3	insert
Junior Camp	Summer Camp	Grade 2-3	insert
Senior Camp	Summer Camp	Grade 4-5	insert
Summer School Camp	Summer Camp	Grade K-6	insert
AGES 12-16			
Program Title	Category	Age Range	Page #
Trinity Academy of Gymnastics	Cheer	2-12 years	26
Mother Daughter Tea	Special Event	4 years & up	13
Poms Technique & Choreography	Dance	4-14 years	40

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AGES 12-16			
Program Title	Category	Age Range	Page #
Pom Camp	Summer Camp	4-14 years	insert
Shotokan Karate Martial Art	Self Defense	4-Adult	34
Extended Time	Extended Time	5-12 years	15
Tap and Jazz	Dance	5-12 years	40
Beginning Irish Dance Workshops	Dance	5-12 years	41
Chess Scholars	Youth Programs	5-12 years	17
Magic Class	Youth Programs	5-12 years	17
Dance Camp	Summer Camp	5-14 years	insert
Trinity All Star Cheer and Tumbling	Cheer	5-14 years	26
Spring Junior Flex Golf Clinics	Golf	5-14 years	53
Kimudo Martial Art	Self Defense	5-Adult	34
Ballet/Lyrical 1	Dance	6-12 years	40
Musical Theater Workshop	Dance	6-12 years	41
Spring Break Chess Scholars Camp	Youth Programs	6-13 years	17
Mighty Mathematicians	Youth Programs	6-13 years	17
Baton Twirling	Youth Programs	6-13 years	17
Club House Artists	Art programs	6-13 years	23
Chess Camp	Summer Camp	6-13 years	insert
Strategy for Kids Camp	Summer Camp	6-13 years	insert
Mighty Mathematicians Camp	Summer Camp	6-13 years	insert
Hip Hop	Dance	6-14 years	40
Choreography Jam	Dance	6-14 years	40
Dance Divas	Dance	6-14 years	40
Holiday Hip Hop Workshop	Dance	6-14 years	41
Hapkido Martial Art	Self Defense	6-Adult	34
Lego Robotics Engineering Camp	Summer Camp	7-13 years	insert
Kids Paint Art Attack	Art programs	7-17 years	23
Junior Studeo Golf Training	Golf	7-17 years	52
Lego Engineering and Robotics innovator	Youth Programs	8-12 years	19
History Camp	Summer Camp	8-12 years	insert
Make it Take it Acrylic Painting	Art programs	8-16 years	24
Childrens Cake Decorating	Cooking	8-18 years	22
Archery	Youth Athletics	9-15 years	30
Home School Club De Espanol Level 1	Home School Program	9-16 years	21
Kids Culinary Spring Break Camp	Cooking	9-16 years	22
Sew Cool	Art programs	10-16 years	24
Babysitting Training	Youth Programs	11-16 years	20
Teen Club House Artists	Art programs	12-16 years	24
Medic First Aid/CPR	Teen Programs	12-99 years	20
Private Voice Lessons	Music	12-Adult	37
LifeGuard Training	Teen Programs	16-18 years	20
Creative Crochet	Art programs	16-Adult	24
Intro to Ice Fishing	Nature Center	9-Adult	72
Community Clean Up Day	Special Event	All Ages	13

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AGES 12-16			
Program Title	Category	Age Range	Page #
Cardboard Cup Regatta	Special Event	All Ages	13
Teen Camp	Summer Camp	Grade 4-5	insert
Teen Leaders	Summer Camp	Grade 9-12	insert
Summer School Camp	Summer Camp	Grade K-6	insert
AGES 16 and Up			
Program Title	Category	Age Range	Page #
Mother Daughter Tea	Special Event	4 years & up	13
Shotokan Karate Martial Art	Self Defense	4-Adult	34
Kimudo Martial Art	Self Defense	5-Adult	34
Hapkido Martial Art	Self Defense	6-Adult	34
Junior Studio Golf Training	Golf	7-17 years	52
Childrens Cake Decorating	Cooking	8-18 years	22
Intro to Ice Fishing	Nature Center	9-Adult	72
Medic First Aid/CPR	Teen Programs	12-99 years	20
LifeGuard Training	Teen Programs	16-18 years	20
Creative Crochet	Art programs	16-Adult	24
Turbo Kick	Fitness	16-Up	56
Cardio Core and More	Fitness	16-up	56
Mixed Fit	Fitness	16-Up	56
Booty Barre	Fitness	16-Up	56
Body Power	Fitness	16-Up	56
Bodytoning	Fitness	16-Up	57
Pilates on the Ball	Fitness	16-up	57
Piloxing	Fitness	16-Up	57
Circuit Fit	Fitness	16-Up	57
Bollyx	Fitness	16-Up	57
Zumba (Toning, Gold)	Fitness	16-Up	58
Yoga	Fitness	16-Up	59
Intro to Kundalini Yoga	Fitness	16-Up	59
Kundalini Yoga	Fitness	16-Up	59
Weight Loss Yoga	Fitness	16-Up	59
Qi-Gong (Origins of Tai Chi)	Fitness	16-Up	60
Meditation	Fitness	16-Up	60
Meditation and Essential Oils	Fitness	16-Up	60
Essential Oils	Fitness	16-Up	60
Adult Cooking at Confetti Gourmet	Cooking	17-Up	22
Chili Open Golf Classic	Special Event	18 & up	7
Snowbird Softball Tournament	Special Event	18 & up	7
4 on 4 Pond Hockey Tournament	Special Event	18 & up	8
Park Place Bridal Fair	Special Event	18 & up	12
Stained Glass	Art programs	18-Up	24
Art Attack Adult Sip and Paint Party	Art programs	18-up	25
Adult Line Dancing	Adult Dance	18-up	42
Adult Flex Go Golf Clinics	Golf	18-up	53

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AGES 16 and Up			
Program Title	Category	Age Range	Page #
Ballroom and Social Dancing	Adult Dance	18-up	42
Women's Studio Golf Training	Golf	18-Up	52
Spring Women's Adult Golf Clinics	Golf	18-up	53
Adult Studio Golf Training	Golf	18-Up	52
Galos Cave and Jolly Inn Chicago	Trips	18-Up	66
The Dancing Horses	Trips	18-Up	68
Winter Blues Night with Ivy Ford	Special Event	21 & up	10
Black Point Mansion and Geneva Bay Tou Trip		21-Up	68
Research your Crystal Lake Home	General	Adults	69
Wine Study /tasting 101 simplified	General	Aduts	69
Cardboard Cup Regatta	Special Event	All Ages	13
Community Clean Up Day	Special Event	All Ages	13
Active Adult Line Dancing	Adult Dance	55-up	42
Tabor Hill Winery and Blue Chip Casion	Trips	21-Up	68
Marma Head Massage	General	Adults	69
Research your Crystal Lake Home	General	Adults	69
Wine Study /tasting 101 simplified	General	Aduts	69
Cardboard Cup Regatta	Special Event	All Ages	13
Community Clean Up Day	Special Event	All Ages	13
Active Adult Line Dancing	Adult Dance	55-up	42

Ages 55 +			
Program Title	Category	Age Range	Page #
Mother Daughter Tea	Special Event	4 years & up	13
Medic First Aid/CPR	Teen Programs	12-99 years	20
Chili Open Golf Classic	Special Event	18 & up	7
Snowbird Softball Tournament	Special Event	18 & up	7
4 on 4 Pond Hockey Tournament	Special Event	18 & up	8
Park Place Bridal Fair	Special Event	18 & up	12
Galos Cave and Jolly Inn Chicago	Trips	18-Up	66
The Dancing Horses	Trips	18-Up	68
Winter Blues Night with Ivy Ford	Special Event	21 & up	10
Black Point Mansion and Geneva Bay Tou Trip		21-Up	68
Tabor Hill Winery and Blue Chip Casion	Trips	21-Up	68
Seniors in Motion	Active Adult	55+	63
Defending at Bridge	Active Adult	55+	64
Competive Bidding in Bridge	Active Adult	55+	64
Stained Glass Plate	Active Adult	55+	64
Garden Mosaic Stepping Stone	Active Adult	55+	64
Make it Take it Oil Painting Class	Active Adult	55+	64
Watercolors paint with Marge	Active Adult	55+	64
Pancake Breakfast /Triva Contest	Active Adult	55+	65
Movie on the Grand Oaks Big Screen	Active Adult	55+	65
Murder Mystery at Grand Oaks	Active Adult	55+	65

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Ages 55 +			
Program Title	Category	Age Range	Page #
Valentine Bingo	Active Adult	55+	65
Spring Fling Party	Active Adult	55+	65
Kentucky Derby Day at the Races	Active Adult	55+	65
Bye Bye Birdie at Drury Lane	Active Adult Trips	55+	66
Out and About for Lunch	Active Adult Trips	55+	66
Milwaukee Art Museum	Active Adult Trips	55+	67
Opera in Focus South Pacific	Active Adult Trips	55+	67
Evanston Culinary Tour	Active Adult Trips	55+	67
Crystal Lake Park District history Tour	Active Adult Trips	55+	67
Active Adult Line Dancing	Adult Dance	55-up	42
Super Senior Fitness	Active Adult	60+	63
Wine Study /tasting 101 simplified	General	Aduts	69
Easter Egg Hunt	Special Event	All Ages	11
Community Clean Up Day	Special Event	All Ages	13
Cardboard Cup Regatta	Special Event	All Ages	13
All Ages			
Program Title	Category	Age Range	Page #
Mother Daughter Tea	Special Event	4 years & up	13
Light Up Crystal Lake Contest	Special Event	All Ages	6
Angler's Ice Fishing Derby	Special Event	All Ages	6
Breakfast with the Bunny	Special Event	All Ages	11
Easter Egg Hunt	Special Event	All Ages	11
Community Clean Up Day	Special Event	All Ages	13
Cardboard Cup Regatta	Special Event	All Ages	13

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